

Mapping the Field

Here we share our initial mapping of about 200 organisations that are helping people to expand human consciousness in some way. We recognise this is a starting point and there are organisations that we have missed – so we invite you to contribute to this ongoing mapping.

Organisation

Description

100 Women of Spirit

A tribute award of 100 women who embody Dadi Jankis service to humanity

31Practices (Servicebrand Global)

An approach to translate stated values into daily practice and embed behaviours for increased personal wellbeing and organisational impact

42 Acres

A regenerative organic farm, nature reserve and a wellbeing retreat where people practice more sustainable ways of living

Academy for the Advancement of Human Values

A think-tank which seeks to provide evidence-based practical advice on the evolution of human consciousness

Accidental Gods

A podcast and membership programme that helps people to reconnect to the interconnected web of life for an evolution of consciousness

Action for Happiness

A movement of people committed to building a happier and more caring society

Advaya initiative

A platform for transformative education that sits at the intersection of ecology, wellbeing and community

Alef Trust

An organisation offering transformative education and training in consciousness, transpersonal and spiritual psychology

Alter Ego

A network of leaders who are prototyping a deeper form of change at a psychological and cultural level

Alternatives

Alternatives is the UK's longest running weekly mind body spirit events company and is known as UK's landmark speaking platform for spiritual teachers, alternative thinkers, conscious business leaders and visionary thought provokers for the past 30+ years

The Alternative UK

A political platform that offers public events, commissioning and research with the aim of transforming politics to bring about 'a friendly revolution'

The Ammerdown Centre

A foundation that offers a retreat place of hospitality, where people of differing views or faiths can engage in dialogue and can pursue their journeys of prayer, faith or enquiry

Andrew Harvey Institute for Sacred Activism

An organisation focused on Sacred Activism which is a transforming force of compassion-in-action

Anthroposophy UK

An organisation that promotes and develops the spiritual science initiated by Rudolf Steiner which has individual freedom in the spiritual sense at its heart

Art Earth Tech

A community of people seeking a wiser world providing space, a network and knowledge

Awake Academy

An online platform offering short films, interviews and in depth online courses grounded in mindfulness lucid dreaming, mindful activism and sustainable change

British Association for Counselling and Psychotherapy (BACP)

A professional association for members of the counselling professions in the UK

BetterSpace

A platform for preventative wellbeing resources for employees

Bio-Leadership Project

A consultancy that is cultivating new story of leadership that works with the rules of life: cycles, connection, regeneration, reciprocity and love

Boundless Roots

A community looking into how we can change the way we live to meet the scale of the challenge facing us

Organisation

Description

Brahma Kumaris UK

A worldwide spiritual movement dedicated to personal transformation and world renewal, helping individuals transform their perspective of the world from material to spiritual and supporting the cultivation of a deep collective consciousness of peace and of the individual dignity of each soul

Breaking Convention

A biennial multidisciplinary conference on psychedelic consciousness, featuring more than 200 presenters from around the world

Bridgework Consulting

A leadership consultancy that engages and energises people to do great work and strengthens organisations to become a force for good in the world

Bright Sky Community

A community and platform run by professional well-being practitioners, ethical entrepreneurs, community builders, changemakers, artists and musicians collectively offering services to the wider community creating bridges between those in need of support and those who are willing and able to offer support

British Focusing Association

A community of Focusing practitioners, teachers and Focusing-oriented therapists

British Holistic Medical Association

A membership organisation which creates, supports, educates and informs an inclusive community of healthcare professionals and all parts of society about the principles and practice of compassionate, holistic medicine and health care

British Pilgrimage Society

A charity established in order to advance British pilgrimage as a form of cultural heritage that promotes holistic wellbeing, for the public benefit

British Teilhard Network

A network promoting the work and vision of the priest-scientist Pierre Teilhard de Chardin – a vision of love, of fire, of convergence, of a world in evolution energised by spirit, a vision of dynamism and direction – of a universe in movement towards its ultimate consummation or completion in a ‘universal cosmic centre’ or ‘centre of centres’

British Union of Spiritist Societies

A charity supporting Spiritist Societies and Groups in spreading the Spiritist Teachings across the UK

Broughton Hall / Avalon

A wellbeing retreat centre that equips you with the tools to return to Source, find your reason for being and serve the world

Caduceus Magazine

A healing, spiritual magazine focusing on psychological, emotional, spiritual, ecological and environmental health, therapy and growth, including natural, holistic, energy and complementary

Centre for Mindfulness

A London based hub for learning how to meditate and practice mindfulness

The Centre for Systemic Constellations

A centre that runs systemic constellation training courses, seminars and workshops

The Churches Fellowship for Psychical and Spiritual Studies

The Churches Fellowship for Psychical and Spiritual Studies exists to promote the study and integration of psychical and spiritual experience within a Christian context

Christians Awakening

A network of people who are building a framework, resourcing and enabling a path of transformation towards Oneness, journeying together on a pilgrimage from Christian roots

Climate Psychology Alliance

The Climate Psychology Alliance is a network that engages people in addressing the psychological aspects of the climate and ecological emergency

Common Cause Foundation

A network of people working to rebalance cultural values, creating a more equitable, sustainable and democratic society

Confer

An organisation that provides innovative, challenging and inspiring continuing educational events for psychotherapists, psychologists and other mental health workers

The Conference for Consciousness and Human Evolution

An organisation that creates unique events and online programs that bring together the latest breakthroughs in science, spiritual revelations, talks from best selling authors and spiritual teachers

Organisation

Description

Conscious Cafes

A community of mindful people, raising consciousness globally, bringing people together to connect, learn and enjoy deep conversations about life

Cornwell Festivals

An organisation that seeks to improve wellbeing by fostering conversations, connections and collaborations across sectors and communities in Cornwall

Creative Alternatives

A prescription service that offers people the opportunity to access a free programme, centred around creative activities, wellbeing and self-care

Creative Group Meditation

A charity that is helping to advance spiritual orientation and growth in the world through its training programme

Dalai Lama Centre for Compassion

An initiative of His Holiness the Dalai Lama that seeks to advance society's and individuals' understanding of compassion and related values through its research and education centre

Dark Mountain

A journal that share stories from writers and artists that aim to help people make sense of a time of disruption and uncertainty

Dartington Trust

A centre for learning, arts, ecology and social justice based on a 1,200 acre estate near Totnes

Dartington Wild Church

A pioneering inter-spiritual land based church, with a contemplative and mystical Christian roots that hosts pilgrimages and walks in nature

Deep Adaptation Forum

A network that seeks to foster mutual support and collaboration in the process of anticipating, observing, and experiencing societal disruption and collapse

Diamond Heart UK

A contemporary spiritual teaching from the Ridhwan School helping people to reveal the depths of who they are and to explore the nature of reality

Different Space

A learning and development consultancy that helps people to work from the heart

Dream Research Institute

A research institute that explores the relationship of dreams and wellbeing from the spiritual perspective, offering public events, teaching videos and educational courses

EarthProtector Community

A grassroots movement to protect the earth and to provide inspiration for regeneration community evolution

Eden Project

An educational charity and social enterprise that is demonstrating the power of working together for the benefit of all living things through its projects and eco-attraction

Embercombe

A 50 acre rewilding estate on the edge of Dartmoor that runs various programmes, courses and events each year to help people connect to themselves, to nature, and to community

Emerge Media Platform

An independent, non-profit media platform sowing the seeds of a new civilisation. A network responding to the question of what is happening within, between and beyond human beings in a civilisation that appears to be dying

Emergence Foundation

A educational charity and grant-giving organisation which offers financial support to individual and group projects and initiatives that support the development of the human spirit

Emerson College

A centre for adult education and retreats offering a wide range of holistic adult education in health care, the arts and self-development

Empathy Museum

A series of art installations to help visitors view the world through the perspectives of others, using participatory storytelling and dialogue

End of Life Doula UK

A Community Interest Company that offers training, membership and information for End of Life Doulas to the public, healthcare professionals and the media

Organisation

Description

Enlivening Edge

An international community that is nourishing the growing ecosystem of 'next-stage' organisations, including Teal organisations

Enneagram Training

An organisation that offers Enneagram training programmes that provides profound development for professionals and Individuals

Eurythmy Therapy Training – Great Britain

An organisation that trains people to become Eurythmy Therapists, a movement based therapy

EvolveWellness Centre

A centre of evolution, that offers yoga and pilates classes, holistic treatments, innovative workshops, courses and special events

Faraday Institute

A Cambridge-based interdisciplinary research institute improving public understanding of religious beliefs in relation to the sciences

Fellowship of Isis

A membership society that honors the Divine Feminine in all of Her forms and the good in all faiths

Fellowship of the Spring

Guardianship of our waterways

Findhorn Consultancy

A consultancy that provides process and systemic facilitation, training and executive leadership development to businesses, organisations and communities

Fintry Trust

An educational charity that provides programmes of study days, retreats, and courses, such as Reading the Mystics, in harmony with the teachings of The Universal Order

The Flourish Initiative

A consultancy that support leaders in developing new ways of living and leading based on a greater level of self-awareness, true resilience, compassion and purpose, their own and the business

Forest Bathing Institute

An organisation that offers forest bathing training, research and events to help people improve their well – being through being under the canopy of trees

The Forgiveness Project

A charity that collects and shares stories from both victims/survivors and perpetrators of crime and conflict who have rebuilt their lives following hurt and trauma

Friday Pulse

A platform that measures and tracks employee well-being and happiness and helps organisations improve workplace culture

Friends of Rupert Spira – UK Groups

A network of small local gathering of people who come together to discuss Rupert Spira's non-dual teachings

Future Fit Leadership Academy

A consultancy that offers leadership development training that is based on life affirming principles

Gaia Education

A charitable organisation that facilitates Education for Sustainable Development (ESD) to inspire climate-friendly whole systems change

Gaia House

A retreat centre that offers silent meditation retreats from various Buddhist traditions, led by experienced Dharma teachers from all over the world

Gathering of Minds

A movement in London which is supporting a Global shift in consciousness

Gene Keys

A synthesis of tools and teachings by Richard Rudd for self discovery and to find a true higher purpose in life

Glimpse collective

A collective of creative people who use their communications skills for good

Global Academy Foundation

A consultancy that supports leaders and organisations to integrate personal development and mindful action with collaboration and systems

Global Generation

An educational charity, which works with local children and young people, businesses, residents and families to create healthy, integrated and environmentally responsible communities

Global Values Alliance

A community of values-driven experts, individuals, organisations and networks inspiring greater authenticity, all over the world, by putting values at the heart of society

Organisation

Description

Guerrand-Hermès Foundation	A research institute that promotes and supports peace, and a flourishing human future
Gurdjieff Movements UK	An educational charity dedicated to advancing the teaching and philosophy of G I Gurdjieff
The Healing Voice	A unique method combining chant, ceremony and family constellations to heal the resonant fields of family and ancestors, unlocking persistent patterns so that order and joy is restored
Health and Wellbeing Trust	A Trust that provides vocational training and self-help information for healthcare professionals and the public to enable sustainable healthcare solutions for the 21st century
health.co.uk	An online directory that provides a wide range of information about health and wellbeing
Heartmath UK + IRL	A set of techniques, tools and biofeedback technologies that help people to reduce stress in real time, build resilience to future challenges and achieve high performance states on demand
The Heart Shift	A movement that promotes a perspective of 'kindness' as a 'new', meta, collaborative, pan-denominational, 'political' frame
Holos Earth Project	A network of individuals and organisations to explore how to shift thinking and practice to the holistic perspective
House of Prayer	A small retreat centre west of London area that provides retreat space for quiet time and spiritual reflection
House of Togetherness	An organisation that offers courses, workshops and a community to help people wake up their natural ability to form meaningful connection with themselves and others
Human Values Foundation	A supplier of transformational, values-themed personal development and wellbeing dialogic teaching resources for successful educationists throughout the world

Humanists UK	A charitable company that is putting humanism into practice through campaigning and services for happier, more fulfilling lives
Humanity Awareness Initiative	An education and training movement designed to accelerate the evolution of human consciousness and societal wellbeing
Initiatives of Change UK	A faith based charity that promotes trust, ethical leadership and sustainable living through initiatives and campaigns
Institute of Psychosynthesis	A psychospiritual training and self-development centre in North London that offers a wide range of training in psychosynthesis to enable people to make a significant difference in their worlds
IntelligentLife	A be-think-do conscious leadership consultancy devoted to societal change through enlightened action
Interalia Magazine	An online magazine dedicated to the interactions between the arts, sciences and consciousness
IVET Foundation	A foundation that works to promote practical ways of making a positive difference in the world
Larger Us	An organisation that is working to imagine and co-create new forms of citizenship and leadership where our states of mind and the state of the world intersect
Le Ciel Foundation	A charity that produces educational and media content and hosts gatherings and events that are based on spirituality, ecology and oneness
Leading Through Storms	A consultancy that supports people to discover their best adaptive responses to the climate, ecological and related crises, building a more consciously interconnected society in community with others
Living Values Education Association (UK)	Member of a collective of organisations and networks that support teachers, facilitators, trainers and learners to help put values at the heart of their work and life

Organisation

Description

London Buddhist Centre

A centre that teaches meditation and Buddhism in a way that is relevant to contemporary life as part of the Triratna Buddhist Community

London Enneagram Centre

A forum for learning about the Enneagram and to exchange news, ideas and insights

London Philosophy Club

An open forum that organise debates, socials and a reading group that helps people to make meaning in life

London School of Biodynamic Psychotherapy

A not for profit organisation dedicated to the research and development of psychotherapy for the benefit of the public at large and to train psychotherapists

Lucis Trust

An educational charity promote recognition and practice of the spiritual principles and values upon which a stable and interdependent world society may be based

MadebyPlay

Social games that inspire people to explore challenging issues for themselves, ignite dialogue, build empathy and stimulate practical action

Make Relationships Simple

An on and offline platform for people seeking guidance and a deeper understanding of the complexities of managing personal relationships

The Meaning Conference

A conference that connects and inspires people who believe in better business

Medicine Festival

An annual gathering that inspires authentic connection and regeneration for people and planet

Metanoia

An educational charity, specialising in professional training courses in psychotherapy, counselling, coaching, supervision and psychology

The Minded Institute

An organisation that provides yoga therapy education to yoga and health professionals to work with mental and physical health conditions

The Mindfulness Initiative

An organisation that is building inner capacities into society's bigger picture, supporting politicians to treat contemplative practice as a serious matter of public policy

Mindfulness and Social Change Network

A community exploring the potential for secular mindfulness training and practice to contribute to more sustainable, caring and socially just societies

Mindfulness at Work

A training organisation that offers mindfulness training programmes for the workplace to make it a more productive, creative, fulfilling and enjoyable

MindfulnessUK

An organisation that provides online mindfulness and compassion training courses

Mindways

Mindfulness teaching offering a synthesis of the most direct and effective ways to realise our innate capacities for clarity, wellbeing and wise action

The Minster Centre

An organisation that offers professional training in integrative counselling and psychotherapy and a therapy service

More In Common

A research institute that addresses the underlying drivers of fracturing and polarization and build more united, resilient and inclusive societies

My Green Pod

A conscious lifestyle hub that provides sustainable and ethical news as well as ethical products on their online shop

Natural Academy

An eco- social enterprise that trains nature based facilitators and helping organisations develop professional service to work with others in nature

Natural Awareness

An organisation that offers courses, drop-ins and one-to-one sessions in Cambridge that provide a space to reconnect with natural awareness

The Nest Collective

A network that brings people together to experience cross-cultural folk music, rekindling connections with nature, tradition and community

Network of Wellbeing

A network offering different ways to connect like minded people who are interested in the wellbeing of people and planet

Organisation

Description

New Citizenship Project

A consultancy that develops initiatives, inspiring and equipping organisations of all kinds to involve people as citizens not just treat them as consumers

The New Constellations

A network that connects and amplifies people and ideas that are supporting human and planetary flourishing

New Findhorn Association

A community that is experimenting in conscious living through its education centre and ecovillage in Scotland.

One Spirit Interfaith Foundation

An educational charity offering training for interfaith ministry and sacred activism

Order of Bards and Druids

A mystery school that offers spiritual teachings for people who love nature and want to follow a magical, spiritual way that respects and protects the natural world in all its beauty.

Our Sankalpa

A foundation that provides knowledge, networks, funding and skills for people who are seeking to evolve things for good

Oxford Centre for the Study of Social Cohesion

A research group that is studying cognition and culture within a broadly evolutionary framework

Patternity

A creative organisation that educates and inspires people about positive power of pattern with the world

Perspectiva

A community working to improve the relationships between systems, souls and society in theory and practice

PIRC

An independent charity conducting and communicating research for a more democratic, equitable and sustainable society

Plant Consciousness

An organisation that offers trainings, and retreats to help people heal through the conscious intelligence of plants

Positive TV

A digital platform for the production and distribution of positive news

ProcessWorkUK

A facilitator and psychotherapist training organisation whose approach is grounded in a comprehensive and evolving model focusing on facilitating awareness at individual, relationship and collective levels

Progressive Christianity Network

A charity that promotes a contemporary Christian understanding through local groups across the country, newsletters and events

Psychedelic Society

An organisation that creates life-affirming experiences to connect people with themselves, each other, the natural world and the mystery of existence

Psychosynthesis Coaching Limited

An organisation that offers psychosynthesis coach training and development programmes

Psychosynthesis Trust

An educational charity that offers psychosynthesis professional and personal development training

Purposeful Change

A consultancy that helps people, teams, organisations and communities to unlearn old limitations and explore new possibilities, to see beyond themselves and create new meaning in the world

Quadrangle Trust

An educational space, retreat centre, and gathering place for a wide variety of groups which supports the emergence of a new approach to life

Rebel Wisdom

A transformational media platform that creates content with the intention of engaging with the whole person to create honest discussions

Reboot the Future

Create a radical shift in mindset by helping young people and leaders create visions and road maps for a more equitable, sustainable future, informed by the Golden Rule

Resurgence Magazine

A bi-monthly magazine covering environmental issues, engaged activism, philosophy, arts and ethical living

Organisation

Description

Revision	A centre for training in counselling and psychotherapy
Room 2 Breathe	Drop-in mindfulness and recalibration studios in the high street
Rose Castle Foundation	A charity that facilitates a wide range of residential programmes, workshops, and online learning experiences that equip leaders to transform conflict
RSA Mindfulness Network & Conscious Living Network	A network that engages Royal Society of Art Fellows to engage more fully in a purposeful, creative, inspired, and balanced personal and professional life
Sarsen Circle	A network of people that are advancing the practice of technology, finance and consciousness
Schumacher College	A college for ecological studies that focusses on interactive and experiential education to help students develop the practical skills and strategic thinking required to face 21st century challenges.
SciMedNet	An educational charity and membership network that explores the boundaries of science and spirituality
Seeds of Change	An training organisation that works with horses to deliver therapeutic and academic courses that empower people of all ages to achieve their potential
Sharpham Trust and The Barn	A trust that connects people with nature and fosters mindfulness and well-being through retreats, mindfulness courses, events and the arts
The Sophrology Academy	An organisation that trains people to become practitioners of Sophrology - a mind-body method based on the study of consciousness that promotes balance, improved performance and overall
Soul Luxury	An organisation that helps individuals and businesses gain a deeper understanding of how one can powerfully make a difference to the world and our lives within it

South Devon Steiner School	A co-educational school that provides an interdisciplinary, theme-based and experiential approach to education which emphasises observation and personal involvement
Spiritual Companions Trust	An educational charity that develops resources and delivers programmes at the interface of health, wellbeing and spirituality including the administering of the UK Register of Spiritual Caregivers
St Benedict's Abbey, Ealing	A Benedictine monastery in West London seeking to help to make the world a better place
St Etheburgas	A centre for reconciliation and peace that grows peace-makers for the ecological and climate emergency
Street Wisdom	A social venture that is bringing experiential learning to city streets across the globe through guided walks to help people find inspiration in the everyday
The Study Society	A charity that offers practical, multidisciplinary ways to help further inner peace, happiness and spiritual growth
The Summit Path	A consultancy that offers research, training and mental health support people to shift their mindsets and behaviours for greater well-being
Sunday Assembly	A community building organisation that is encouraging congregational communities that are secular, evidence based and inclusive
Tavistock Institute of Human Relations	A research institute that develops research and training in the study of human relations for the purpose of bettering working life and development of human character and capacity
Theos	A charity that stimulates the debate about the place of religion in society, challenging and changing ideas through research, commentary and events
Thoughtbox	A social enterprise supporting schools with global learning programmes that help young people deepen connections with themselves, society and the natural world

Organisation

Description

Together for Peace

A social enterprise supporting schools with global learning programmes that help young people deepen connections with themselves, society and the natural world

Tough Cookie

An organisation that offers playful experiments, cutting edge neurobiology and a toolkit of twelve practical techniques to build personal resilience

Transition Network

A movement of communities coming together to reimagine and rebuild our world.

Transition Town Totnes Film Festival

A festival that shows films on a range of important issues that provide hope, inspiration and imaginative solutions

TYF Group

An organisation that uses the power of play and learning in wild places to reconnect people to each other, our environment, and the shift needed to re-balance wellbeing

UK Spirituality in Education Alliance (SIEUK)

An advocacy group that is encouraging policy makers transform public and private education through supporting spiritual, moral, social and cultural development of students

UK Values Alliance

A collaborative group that is seeking to promote values in society through campaigns such as through World Values Day

UK Counselling and Psychotherapy (UKCP)

A research, innovation, educational and regulatory body working to advance psychotherapies for the benefit of all

University of Derby Nature Connectedness Centre

A research group that seeks to bring about associated benefits in wellbeing and conservation behaviour through nature connectedness

The Urban Mindfulness Foundation

An organisation providing structured mindfulness training and regular drop in sessions focused on multicultural community building

Values and Visions

An organisation that offers teachers tools to develop young people's inner strength

Values Based Education

An approach that supports schools to provide a values-based environment in which pupils become aware of and experience positive universal values in their lives

Voice Dialogue UK

An organisation providing private sessions, workshops and facilitator training in Voice Dialogue, an empowering psycho-spiritual approach to relationships, personal growth and communication

The Way of Nature

An organisation that hosts experiences in nature to help people find space, purpose and direction

The William Temple Foundation

A research and ideas hub, shaping debate on religion in public life

Walk with Trees

An organisation that provides courses using Celtic lore and imagination to help support a regular in-depth spiritual practice

Watkins Publishing

A publisher of personal development and mind-body-spirit books

WeCreateFlow

A change consultancy that helps organisations balance developmental needs and aspirations with collective social and environmental responsibilities

Wellbeing Economy Alliance

A collaboration of organisations, alliances, movements and individuals working towards a wellbeing economy, delivering human and ecological well being

West Lexham

A wellness retreat centre that nourishes mind, body and soul

WholePartnership

A purpose-led leadership consultancy, which applies a systemic lens to individual, organisational and social transformation

WholeWorld-View

A community of people who are for the understanding, experiencing and embodying of unity awareness

Organisation

Description

Wisdom Hub TV

A platform that broadcasts the knowledge of earth wisdom, plant intelligence and indigenous knowledge to assist in the awakening of fellow humans

Wisdom Keeper Collective

A set of empowering tools of self-acceptance and understanding offer people a playful way to embrace shadows with love and face adversity with grace